



Relational Advantage, Inc.

The Difference Between Potential and Performance

Workplace Relationship Survey

Organization Name: _____ Date: _____

Employee Name: _____ Title: _____

Time with organization: _____ Co-Worker's Name: _____

Directions: Carefully think about the beliefs and perceptions you have about yourself and your co-worker as they relate to each of the items in the survey. Using the five-point scales below, circle the number that best describes your response to each statement.

1. Rate how well you listen and pay attention to your co-worker when he/she is talking to you.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

2. Rate how well you communicate your work related needs and expectations to your co-worker.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

3. Rate the overall level of respect you have for your co-worker at this time.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

4. Rate how well your co-worker listens and pays attention to you when you are talking to him/her.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

5. Rate the quality and effectiveness of your communication with your co-worker when you are discussing work-related issues.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

6. Rate how well your co-worker communicates his/her needs and expectations to you.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

7. Rate the level of respect you believe your co-worker has for you at this time.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

8. Rate the overall quality of the relationship you have with your co-worker.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

9. Rate how well your co-worker keeps you informed concerning projects you are working on together.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

10. Rate your level of willingness to appropriately confront your co-worker when you disagree with or are upset with him/her.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

11. Rate your co-worker's attitude toward you at this time.

1	2	3	4	5
Very Negative	Somewhat Negative	Good	Somewhat Positive	Very Positive

12. Rate the level of stress you feel associated with the relationship you have with your co-worker.

1	2	3	4	5
Very High	High	Medium	Low	Very Low

13. Rate your co-worker's level of willingness to appropriately confront you when he/she disagrees with or is upset with you.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

14. Rate the degree to which you are motivated to work toward building a more effective working relationship with your co-worker.

1	2	3	4	5
Very Low	Low	Medium	High	Very High

15. Rate how well you keep your co-worker informed concerning projects you are working on together.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent

16. Rate your level of confidence concerning your ability to make the personal changes that are necessary to improve the quality of the relationship with your co-worker.

1	2	3	4	5
Very Low	Low	Medium	High	Very High

17. Rate your attitude toward your co-worker at this time.

1	2	3	4	5
Very Negative	Somewhat Negative	Good	Somewhat Positive	Very Positive

18. Rate the degree to which you believe your co-worker understands your concerns associated with your relationship with him/her.

1	2	3	4	5
Very Low	Low	Medium	High	Very High

19. Rate your level of confidence related to your co-worker's ability to make the changes you believe are necessary to improve your relationship with him/her.

1	2	3	4	5
Very Low	Low	Medium	High	Very High

20. Rate how well you understand your co-worker's concerns about your relationship with him/her.

1	2	3	4	5
Poor	Below Average	Average	Above Average	Excellent